

February 2012



GOOD SHEPHERD
United Methodist Church

3960 E. 128th Avenue, Thornton, CO 80241
303.457.9267

Web-Site: www.shepherdchurch.org

Email: shepherdchurch@qwestoffice.net

Rev. Bill Moore—Pastor

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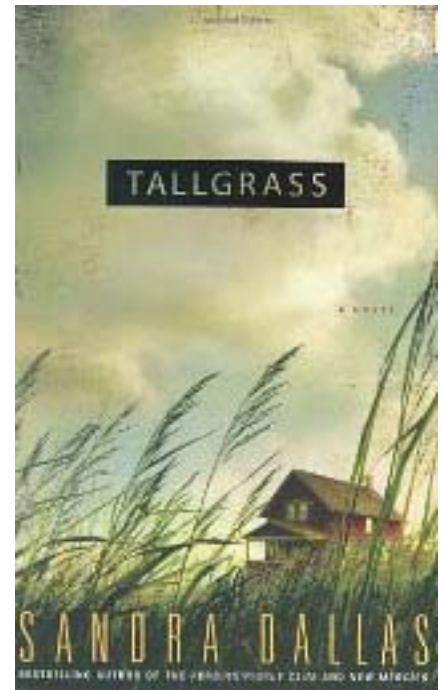
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JOIN US FOR OUR NEXT BOOK CLUB

'Tallgrass'

March 14th, 2012
6:30-8:30 p.m.

A novel written by Sandra Dallas. This story lends itself during World War II. A family finds its world turned upside down when a Japanese internment camp is opened up in a family's small Colorado town.



This story is partially historical and part 'thriller'.

**“Tallgrass is a riveting exploration
of the darkest-and-best-parts
of the human heart.”**

Books are available at your local Barnes and Noble bookstore, or order from Amazon.com .

Please sign-up at the Welcome Center. Each person is also asked to bring their own drink.



UNITED METHODIST MEN'S BREAKFAST
February 18th, 2012
8:00 a.m.

Please join us for our monthly hot and homemade breakfast held in the sanctuary. Following breakfast, we will have our devotional message and will review some initial business. All men of the church are welcome to join us.

As always, breakfast cost includes a donation to the **United Methodist Men treasury**, but if you prefer not to have breakfast, drop by at 8:00 a.m. anyway for some coffee, juice and great conversation. Sign-up at the welcome center today!

Keri Jennings is now cooking our monthly breakfasts. Thanks Keri for the consistently tasty home-cooked food!

**GROCERY CARDS AVAILABLE
AT THE WELCOME CENTER**

Grocery cards are a wonderful way to support our Wider Missions apportionment. They are sold at face value in denominations of \$25, \$50 and \$100. These cards may be used at all King Soopers for food and GAS purchases. A % of your purchase goes towards our Wider Missions. These cards are also for sale during the week between the hours of 9:00 a.m. and Noon, Monday-Friday in the church office.

Thank you everyone for your continued support of this program!



**Ever thought about Becoming a
Stephen Minister?**

You Are Part of a Caring Congregation!

One of the best ways to tell that our congregation cares is by our commitment to Stephen Ministry. This is an important way that we express God's love to those around us. Is God calling you to take a more active role in Christian caregiving? Then Stephen Ministry may be just what you're looking for. To find out more, contact Heidi today (303-457-9267).

**The Parent's Day
Out**

program is a
church
sponsored program
available to chil-
dren from ages 2
years to 3 years.



parent's day out

This is a Christian based program that helps prepare children for their transition into preschool.

PDO currently has a few spaces available from 9:00-11:30 a.m. Spaces are first come, first served. If you would like to learn more about PDO, this information may be found at the church's website:



The United Methodist Women are encouraged by the Women's Division of the United Methodist Church to "empty" their treasury at the end of each calendar year. Rather than letting the funds collect in the bank, we are asked to put them to work for mission.

Our local unit, which had some "leftover" funds from a few years, has done that this year. We saved back \$300 for early 2012 expenses, and sent the remaining \$785 on to worthy causes. We voted to send 25% to our worldwide missions of the UMW, (this is in addition to our yearly pledge) and 75% to local agencies. We are donating \$100 each to these metro Denver agencies:



Growing Home focuses on responding to the needs of struggling families in the Adams county community. Over the past six years, Growing Home has added homeless prevention services, children's programming, parenting support, a food bank and affordable housing.

COFU serves people with the goal of self-reliance with a food bank, a clothing bank, computer help for employment search, and other services to help people in need in Adams county.

Urban Peak helps homeless youth and youth at risk of becoming homeless overcome real life challenges by providing essential services and a supportive community, empowering them to become self-sufficient adults.

Arising Hope provides a safe place of love, healing and empowerment to victims of domestic violence. We give safe emergency shelter and housing; as well as, many other resources and services that assist women, their children and their domestic pets into a life free from fear and abuse. Arising Hope also provides educational presentations about the impact of domestic violence on the community. Their safe house is located in Eastlake.

Warren Village helps motivated low-income, previously homeless single parent families move from public assistance to personal and economic self-sufficiency through subsidized housing, on-site nationally accredited child care, intensive case management, education guidance and career development.

North Metro Children's Advocacy Center is a program serving abused and neglected children and children who witness crime in Adams and Broomfield Counties. It is a child-focused program based in a facility that allows law enforcement, prosecution, child protection professionals, and the medical and mental health communities to work together when intervening in child abuse cases. The Center provides a comfortable and child-friendly environment designed to meet an abused child and non-offending family member's need for warmth, support and protection.

Our next meeting will be Saturday, February 11, at the church. We will meet at 10 am for coffee and snacks. Our program will be on Aging and Alzheimers, and we will have a pledge service to support our budget for 2012. All women of the church are invited to attend!

Elm's Haven Resident Bible Study

Maxine Seyforth reported that she had spoken with the activity director at Elms Haven and set up for our group to sponsor a Bible study for the residents. It is currently held on the second Monday of each month at 11 am. Maxine would like to have four or five of our members to help residents look up Bible passages, etc. The group continues to be open to both men and women. This would be a "circle" of our United Methodist Women. The group meets for about 45 minutes. Please see Maxine for more details if you would like to participate in this mission outreach.



BIRTHDAYS

God bless you on your birthday with His goodness and His love, and bring to you the happiness you're so deserving of.

Have a *wonderful birthday* from your Good Shepherd family.

February 4	Arlene Cleveland	February 21	Bob Schroder
February 7	Nellie Kringle		Jill Moore
February 8	Jose' Gonzalez	February 22	Tim McGinn
February 9	Carson Holst		Makayla Ramirez
February 10	Debbie Anaya		Jared Schroder
February 11	Tom Deem	February 23	Howard Troxel
February 15	Gregory Krueger	February 24	Shannon Follett
February 17	Kevin Harford	February 25	Carolyn Cote'
February 18	Jordan Boaz		Taylor Johnson
	Wendy Lee	February 28	Cameron Monroe
February 20	Lois Troxel		

USHERS NEEDED

Ever wondered what the responsibility of an usher is? Or curious as to what you could help out with within the church? Well, we have what you are looking for and we are in need of Ushers for the 9:00 a.m. Sunday worship service.

A few examples of usher duties:

Please be at the church 15 minutes prior to the beginning of the service.

Hand out the bulletins to people as they arrive in the sanctuary.

Pass out the red attendance pads to each row.

Fill out the attendance sheet on the table.

Take up the offering.

Please contact Glenda Irwin at irwinjgbs@comcast.net or 303.450.2034 if you would like offer your assistance with ushering duties. She will also have additional information regarding ushering as well.

Prayers for our Congregation

Jody Miller has been a recent visitor to our church. Jody struggles with Pulmonary Hypertension and asked for our prayers during her journey. We are including the article so you might learn a little more about this particular issue and hold Jody in your prayers.

Many people in our church struggle with health and circumstances and it is important for us as a congregation to lift all of these wonderful people up in prayer.

Our payers include those that are economically deprived and have difficulty with securing food and adequate housing.

Please welcome our Leadership for 2012

Members of the SPR Committee

(Staff Parish Relations)

Nathan Montgomery
Duane Plucknett
Becky Lynch
Joseph Chimbanda
Debbie Anaya
Pam Boaz
Candy Schroder

Members of the Ad Council

Randy Anderson
Carol Wise
Bob Schroder
Lois Troxel
Heidi Wayland
Jerry Saunders
Paul Seyforth
Roger Wise
Christina Pearson
Krista Medina
Andrea McGinn
Nathan Montgomery
Jim Green
Jim Irwin
Karen Bueno
Jeff Wayland
Ann Blomgren

November is Pulmonary Hypertension Month



Jody Miller

By Jody Miller, formerly of Fort Benton, daughter of Audrey Miller (Floweree) and Richard Miller (Arizona)

Pulmonary Hypertension (PH) is high blood pressure in the arteries of the lungs that can lead to heart failure (phassociation.org). Currently, Pulmonary Hypertension is an incurable disease that is not well known.

My day begins by getting up and taking my morning medicine. It takes about an hour for my meds take effect, making for slow mornings! I am on three main medications that help manage my disease. Tracleer is an oral medicine that helps prevent blood vessels from narrowing. Adcirca is an oral medicine that allows the lungs to produce more of its own natural vasodilators. Then there is Flolan, which is an intravenous medicine, pumping on continuous flow all day and night, that opens up the blood vessels and help ease symptoms of PH, including chest pain and shortness of breath.

Since my body has to work so hard to function, I do things differently now than I used to. I sit down to chop vegetables and cook dinner. I clean my house dividing it up so I'm doing a little at a time, instead of all at once. When running errands, I prioritize and alternate between long trips and short trips. For example: grocery shopping is a long trip that involves walking and standing; getting blood drawn is a short trip which involves sitting. Daily activities take a lot of energy

and wear me out quite easily. I know many people feel this way and are wondering how am I really different? When the muscles are chronically deprived of oxygen, fatigue is the result. When fatigue is very pronounced, it is a sign that the body is struggling and may be a sign of worsening heart failure. Some days it takes a lot of work just to breathe!

When it comes to using hand-capped spaces, I still get 'funny' looks. You see, since my disease has to do with my lungs and heart, it doesn't really affect my physical looks and actions. There are many times that people think I'm 'faking it' because I'm not on crutches or limping around. I hear many times that I look good and don't look sick. Most of the time that's meant to be a compliment but in some cases it's due to disbelief that I have a disease.

Recently, my Pulmonary Hypertension medicines haven't been working as well as they should. Since there is no cure for PH, it's time to move on to the next "treatment" - lung transplantation. I am now at the top of the list for a double lung transplant under my blood type. This means I may be getting new lungs within 6 months. Getting a double lung transplant should 'cure' my PH, but also comes with its own wide range of complexities. It will take months to recover from my transplant surgery. I will need to have in-home care for three to four months, see the doctor, get blood work, and x-rays twice a week, and take up to 20 different kinds of medications (these meds can easily exceed \$10,000 a year). When I adjust to my new 'normal' I will get to breathe easy (not wear oxygen) and do many of the things I haven't been able to do in a long time. For more transplant info, go to: www.transplantliving.org

I will be writing about my double lung transplant journey. If you'd like to follow my journey with getting my new lungs, go to: http://www.caringbridge.org/visit/jody_miller. 2011

A Note from our Pastor

BEAUTY and FLYING MONKEYS . . .

We are about to dive into one of the most beautifully thoughtful and conflicted seasons of worship the church has ever devised.

But first . . . we still have our focus on the book, "Three Simple Rules: A Wesleyan Way of Living." Again, the rules are:

Do no harm.

Do good.

Stay in love with God.

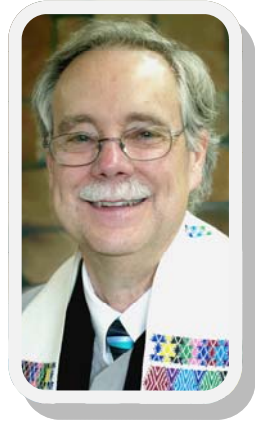
The rules are simple, but not easy. For those who might have missed it, in one sermon the difficulty was portrayed with some t-shirt theology that read: "It's all fun and games until the flying monkeys show up." You had to be there.

Now, let us prepare to enter into the season of beauty and sorrow. Lent begins on February 22 with Ash Wednesday. The profundity of Jesus' journey to Jerusalem and the Cross is woven into a deep tradition of music, prayers, worship experiences, and devotional practices such as fasting, and a variety of studies; some of which we will explore and embrace.

The conflicted nature of Lent is found in the two primary affirmations that emerge from the journey to Jerusalem with Jesus. The first is, "Christ died for us." But the second is equally vital for us: "Christ is risen!" to which we could add, "... for us!" as well.

During Lent we will be literally looking and listening to portrayals of Jesus that shape our faith. I began this discussion last month. How we "see" and "hear" Jesus shapes who we are in our affirmations. For instance, "the Lamb of God that takes away the sins of the world" is startlingly different than "what a friend we have in Jesus." Interestingly, both of those wonderful depictions of Jesus come from the Gospel of John. Consider, too, the name of our church and how it shapes our faith. What music do you hear, what image of art do you see when the Good Shepherd is identified and named?

On to another subject: 2012 is a year that lots of things will uniquely impact our church. It is the year of many Conferences for United Methodists. At the end of April in Tampa, Florida, the once-every-four-years General Conference will be happening. This will include United Methodists from all over the world and will shape our church specifically for the next four years. All of you who have ever asked a question about who leads the UMC, the answer is there in Tampa. Those 1,000 delegates will be voting on hundreds of pieces of legislation they have long since started studying.



Then in June we will attend the Annual Conference for the Rocky Mountain Conference of the United Methodist Church. This one we send a delegate to, including myself, and all are welcome to come observe legislation or join us in worship.

Then it is on to the Western Jurisdictional Conference in San Diego. Again, it is a meeting that happens only once every four years after the General Conference. Its primary purpose is the assignment and the election of bishops for a region (jurisdiction) who will then serve for four years in the conference or area to which they have been assigned.

Then this fall, we will be impacted by elections, including that of the President. Lots of people will have opinions about who God is for/against, and we will spend some time reflecting on that.

Then, and I ask this playfully, will we actually get to see next Christmas? As some of you know, there is a big deal being made of the presumption by some that the world will end/be transformed on December 21, 2012. So, do we shop early, or . . . ???

God's Rich Peace,

Bill

Community Resources

Community of Faith United

10620 Washington Street
Northglenn, CO 80233
303.452.2727

- Food/Clothing bank
- Life + Mentoring program

Immaculate Heart of Mary

11385 Grant Drive
Northglenn, CO 80233
303.452.2041 ext. 118

- Food Bank—Hours are Monday, Wednesday & Friday from 9:00 a.m. to Noon.

United Way 2-1-1

United Way's 2-1-1 is a free, multilingual service that is available 24 hours a day 7/days per week. It refers callers to non-emergency health and human services. You may also dial 2-1-1 to make a donation or seek volunteer opportunities.

Referrals are available to the following:

- Licensed child care providers in 9 different Denver counties
- Rental/Utility Bill assistance
- Housing/Emergency shelter
- Food/Clothing banks
- Mental health assistance
- Dealing with and preventing abuse
- GED and ESL classes
- Suicide intervention and prevention
- Medical clinics
- RX assistance
- Senior services
- Youth programs
- Support groups
- Legal assistance





Stanley Stauffer
Marcus Cooper
The Oesterreich Family
Becky Lynch
Ron Gianna & Family
Dennis Ray
Marti Smith
Kent Lower & Family
Barb Lackey
Good Shepherd

Roy Cooley
Curt Marshall
Stan Monroe Jr.
Thomas-Luark Family
Viola Moriarty Lev
Keri Jennings
Allen Vawter
Paul Medina
Jackie Barszcz



Oscar Perez
Brendan Campbell

Jeremy Cameron
Matthew Stiver

Matt Jordan
Justin Steffans

SUNDAY WORSHIP HOURS

Praise Service—9:00 a.m.

Sunday School—10:30 a.m.

Child care provided

Traditional Service—10:45 a.m.

Child care available for both services.

The nursery is located down the main level hallway, 2nd door on the right (across from the bathrooms).



THORNTON POLICE DEPARTMENT
9500 CIVIC CENTER DRIVE
THORNTON, COLORADO 80229

Rand Nelson
Chief of Police

January 9, 2012

Good Shepard United Methodist Church
Reverend Bill Moore
3960 E. 128TH Avenue
Thornton, CO 80241

Dear Rev. Moore,

On behalf of the Thornton Police Department and the entire Christmas Crusade for Children staff, I would like to personally thank you for your generous donation towards this year's Christmas Crusade for Children. Because of your generosity we were able to provide a "Merry Christmas" for those less fortunate in our community. We were able to serve 561 children representing 186 Thornton families in need. It is only with the help of a caring community that we are able to provide and sustain our efforts so successfully. This is the 22nd year of our participation in this worthwhile endeavor. Once again let me express our thanks to you for your contribution to the success of our program. Thank you for thinking of us during our 2011 Christmas Crusade for Children. We appreciate your kindness during this season of giving.

I want to also personally thank you for your continuing support of our Christmas Program in past years. We are quickly approaching 10,000 children that we have served in Thornton community since our programs inception in 1989. Without the continued support and generous donations from members of our community our program's success would not be as successful as it is. Thank you again for graciously contributing to our programs success. We appreciate your kindness and belief that the less fortunate children of Thornton deserve the joy and happiness that the Christmas Holiday season was meant to offer.

Thank you!

Sincerely,

A handwritten signature in black ink that reads "Matt Barnes".

Officer Matt Barnes, Christmas Crusade Program Coordinator,
Community Relations Unit / Crime Prevention Unit
Thornton Police Department
9551 Civic Center Drive
Thornton, CO. 80229
Phone: 720-977-5024
Cell: 303-829-4006
Pager: 303-266-9947
Fax: 720-9775003
E-mail: matt.barnes@cityofthornton.net

STAFF



PASTOR
Rev. Bill Moore

PASTORAL INTERN
Jeff Wayland

**DIRECTOR OF CHRISTIAN
EDUCATION**
Heidi Wayland

DIRECTOR OF PDO
Debbie Krueger

MUSIC DIRECTOR
Tracy Cunningham-Lang

DIRECTOR OF TLC PRESCHOOL
Ann Blomgren

OFFICE MANAGER
Lynne Ellerbrock



**Become
Part of
Our
Church
Family**

Hog's Youth Activities

HOG'S YOUTH GROUP IS OPEN TO GRADES 5-12

**For more information,
please visit the youth page on the web-site:**

shepherdchurch.org

February Youth Schedule:

Sunday, February 5th

Super Bowl Sunday—No Youth meeting today

Sunday, February 12th

12:00-3:00 p.m.—Bowling—Please bring \$12 which includes pizza and Soda! Please meet us at the Welcome Center at Noon.

Sunday, February 19th

No Youth meeting today

Sunday, February 26th

12:00-3:00 p.m.—Casa Bonita—Kid meals start at \$5, so we recommended to bring \$10 for lunch and any extra quarters to play on the machines. We will leave the church at noon, so please be there 10 minutes early.

If you would like to sign-up for either one of these trips, please e-mail or call the church office (you can also talk to Keeli).
shepherdchurch@qwestoffice.net or 303.457.9267.

JOIN THE BELL CHOIR TODAY!

Why come? Fun, laughter,
and a chance to make beautiful music!

Adult bell choir opportunities
When? Thursday evenings

Ringtone rehearsals: 6-7:00 p.m.
Jubilation Bells: 7-8:00 p.m.

Where? Good Shepherd UMC sanctuary
Contact person: Connie Anderson
Requirements: A love of music.

We can teach you everything else you need to know to play hand bells.



February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Stephen Ministry training 6:30-9:00 p.m.	2 TLC Open House 9:30-11:00 a.m. The Ringtones 6:00-7:00 p.m. Jubilation Bells 7:00-8:00 p.m.	3 Boy Scout Lock-in 7:00 p.m. (overnight)	4 Boy Scout Lock-in (out at noon)
5 Not Ready for Prime Time Theologians (Bible study based on lectionary) 9:00 a.m. Sunday School 10:30 a.m.	6 Boy Scouts 6:30 p.m. Trustees Committee Meeting 6:30 p.m.	7 Staff Meeting Noon Ascent Praise Team 6:00-7:00 p.m. Chancel Choir 7:15-8:30 p.m.	8	9 The Ringtones 6:00-7:00 p.m. Finance Committee Meeting 6:30 p.m. Jubilation Bells 7:00-8:00 p.m.	10 Pre-K Conference Day 8:00-2:30 p.m. (sanctuary reserved) A Tender Touch Valentine's Event 7:00-10:00 p.m. (sanctuary reserved at 5:30 p.m.)	11 UMW Coffee Meeting 10:00 a.m. Foster Support Group 5:00-8:00 p.m. (sanctuary reserved)
12 Not Ready for Prime Time Theologians (Bible study based on lectionary) 9:00 a.m. Sunday School 10:30 a.m.	13 Boy Scouts 6:30 p.m. SPR Committee Meeting 6:30 p.m.	14 VALENTINE'S DAY Ascent Praise Team 6:00-7:00 p.m. Chancel Choir 7:15-8:30 p.m.	15 Stephen Ministry training 6:30-9:00 p.m.	16 The Ringtones 6:00-7:00 p.m. Jubilation Bells 7:00-8:00 p.m.	17	18 UMM Breakfast 8:00 a.m. Foster Support Group 5:00-8:00 p.m. (Sanctuary reserved)
19 Not Ready for Prime Time Theologians (Bible study based on lectionary) 9:00 a.m. Sunday School 10:30 a.m.	20 PRESIDENT'S DAY OBSERVED Church office, PDO & TLC Preschool Closed Boy Scouts 6:30 p.m. Ad Council Committee Meeting 6:30 p.m.	21 Ascent Praise Team 6:00-7:00 p.m. Chancel Choir 7:15-8:30 p.m.	22 ASH WEDNESDAY SERVICE 7:00 p.m.	23 The Ringtones 6:00-7:00 p.m. Jubilation Bells 7:00-8:00 p.m.	24 TLC Registration forms for current families due today by 3:00 p.m. TLC Past, church & PDO families reg. 3:00 p.m. (Open Registration)	25
26 Not Ready for Prime Time Theologians (Bible study based on lectionary) 9:00 a.m. Sunday School 10:30 a.m.	27 Boy Scouts 6:30 p.m.	28 Ascent Praise Team 6:00-7:00 p.m. Chancel Choir 7:15-8:30 p.m.	29 TLC Open House 9:30- 11:00 a.m.			

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