



Shepherd's Staff

An Almond Slice

In my house, we have a pet hamster. My kids wanted to have a pet so we considered adopting one, but it was not possible. Sean has a pet allergy so the only option was to adopt a hypoallergenic pet, but I couldn't find any available ones. Breeders also put ridiculously high costs on pets, so we couldn't get one. Instead, we decided to have a small animal, which is the hamster. However, my hamster is not so friendly to me. I used to have one a long time ago which was very friendly to me, eating food and sometimes sleeping on my hand. But this one is different. He never comes to my hands. When I reach out my hands to him, he always runs away from me. He acts like I am attacking him. I just wanted to touch him, but he never accepted me.

However, I somehow figured out how to touch him. When I put an almond slice in my hand, he comes to my hand to eat it. He never reacted to other food, but only an almond slice. I think he loves almonds the most. About 10 seconds of eating almonds, he accepted my hand and allowed me to touch it. However, as soon as he finishes eating, he runs away immediately, and never comes back to me unless I give him another almond slice. I feel bitter to see my hamster running away with only what he wants from me. But also, it seems to overlap myself.

Come to think of it, I used to act like this hamster to my parents when I was young. I opened my mind when they gave me what I wanted, but as soon as the moment ended, I returned to my room and closed the door. During mealtime, I tried to eat as fast as I could and returned to my room, but I didn't really try to keep pace with them or to communicate with them. I think my parents felt bitter, just as how I felt from my hamster. Perhaps, God was the same. When I received the blessings and life that I wanted, I accepted His hands. But when I thought the time was done, I left His hand and returned to my own life's priority. Nevertheless, my parents and my God always waited for me patiently and reached out their hands to communicate with me. That is the love of parents and God.

After writing this article, I will go back to my hamster to feed it. Of course, he will run away from me, but when I give an almond slice, he will be back in my hands. I love that moment. It's only about 10 seconds, but just to see my hamster eating from my hand, I will go back to him to feed him an almond slice

- Rev. Yo Han

GSUMC Staff & Ministry Leaders

Rev. Yo Han Han
Pastor

Natalie Higgins
Office Manager

Don Robinson
Treasurer

Berta Rynearson
Financial Secretary

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Nathan Montgomery
Jerry Saunders
Linda Anderson-Recording
Secretary

Natalie Higgins
Director of Children's

Connie Anderson
Bell Choir Director

Meghan Gress
Praise Music Leader

Dr. Emily Alley
Accompanist

Debra & Buddy Clarke
Custodians

UNITED WOMEN IN FAITH

Also known as United Methodist Women

Our organization has gone by many different names during its 153 year existence. Back in 1869 a group of Christian women in Boston read the scripture in Matthew 25:35-40, which starts, “I was hungry and you... I was sick and you...”, etc.

(You can look it up! 😊)

Those women concluded that support for mission outreach for health, education, and economic development in the nation and the world was lacking in their local congregation.

When a visiting missionary wife told them that in India women could not be treated by a male doctor, and there were no female doctors, they decide to raise money and send a woman doctor to India!

As they raised the money for their project, the men of the congregation offered to take care of their funds. The women said no, we’ll take care of it. They sent Dr. Clara Swain, whose medical work resulted in the first hospital for women in Asia, and it still exists.

United Women in Faith supports partners providing direct services to women, children, youth and families in neighborhoods around the country. Internationally, we support partners empowering women, children and youth with education and economic development opportunities. We advocate for a more just world to improve life for women, children, and youth.

Check out uwfaith.org, and consider becoming a member. We relate to our district, conference and national bodies to carry out this work. Creating a small group or circle of women (including children) and donations to our work would be great!

Our Mile High Metro Annual District meeting:

Saturday, September 17, 2022
St. Andrew United Methodist Church
9:00 am – 1:00 pm
9203 South University Blvd.
Highlands Ranch, CO 80126



United
Women
in Faith

CHILDREN'S EDUCATION

It is September! I hope you all are enjoying your school and making new friends! This month our Faith Word is **call**. We will be learning about the life of a man named Samuel, and his call from God.

Our Memory Verse is "Speak. Your servant is listening." 1 Samuel 3:10b

September Dates to Remember:

September 4: Labor Day Weekend

September 11: Patriot Day

September 21: Peace Day (don't fight with your brothers or sisters)

September 24-25: Denver American Indian Festival



stephen
MINISTRY.



Stephen Ministries consists of the following members: Al Campbell, Colleen Campbell, Eva Chan, and Debbie Anaya-Pacetti. We currently have 2 Care Receivers, who we have met with over the summer. However, Stephen Ministers took a sabbatical from continued education during the summer to allow for summer vacations. They will begin meeting again starting in September. If you are in need of support and a caring heart, we can provide someone to walk with you through life's challenges.

Please contact Rev. Yo Han (rev.yohanhan@gmail.com) or Debbie Anaya-Pacetti (hapewlifenow@gmail.com). We will identify a Stephen Minister skilled in listening to a variety of situations. If you are interested in finding out more about Stephen Ministry, please see their website at <https://www.stephenministries.org/>.

9th Annual Denver American Indian Festival



**Saturday, September 24 &
Sunday, September 25
10 am to 5 pm**

**Dancers – Drummers – Singers
Storytellers – Vendors**

**Festival held rain or shine at the
Riverdale Regional Park
Adams County Fairgrounds
9755 Henderson Road, Brighton, Colorado 80601**

The purpose of this free family festival is to affirm the value and role of tradition and culture of American Indians living in harmony within our community. All persons are welcome and encouraged to participate as we build bridges of understanding and acceptance.

We are a 501(c)(3) non-profit organization

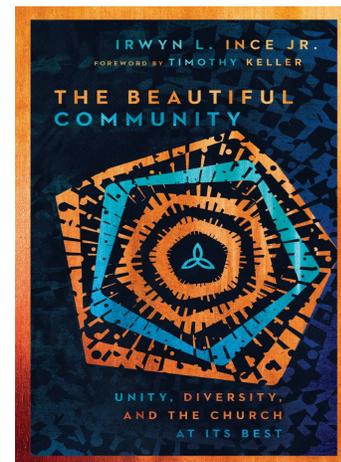
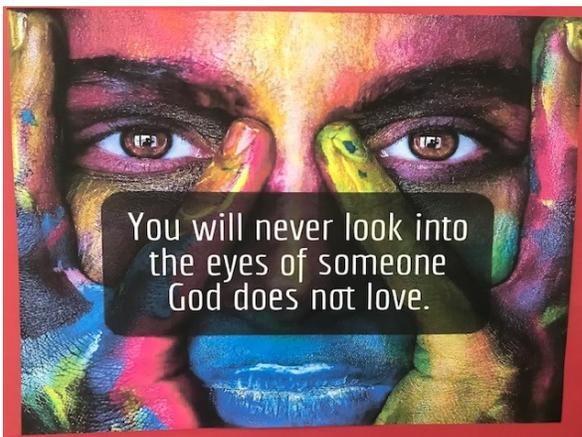
**For more information:
DenverAmericanIndianFestival.org
FirstNationsFoundation.org**

September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p style="font-size: 2em; color: #8B4513;"><i>Autumn</i></p> <p style="font-size: 0.8em; color: #8B4513;"><i>Let the fields be jubilant, and everything in them; let all the trees of the forest sing, for joy.</i> <i>Psalm 96:12</i></p>				<p>1 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-7:30am/ 3pm-6pm Bell choir practice 5-8pm Ruth Circle 1:00-3:00 Prayer Group 6:30</p>	<p>2 Playology 6:30am-7:30am/ 3-6pm</p>	<p>3 3 3</p>
<p>4 Communion Sunday 9:00am Contemporary Worship 10:30am Traditional worship 9:00am Adult Sunday School 10:30 Children/Bash Youth</p>	<p>5 Labor Day-office closed Boy Scouts 7pm</p>	<p>6 Rev. Yo Han Sabbath Playology 6:30am-7:30am/ 3-6pm Choir Practice 7:00pm</p>	<p>7 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-7:30am/2pm-6pm</p>	<p>8 Rev. Yo Han Office Hours 8:30-12:00pm Playology 6:30am-7:30am/ 3pm-6pm Bell choir practice 5-8pm Ruth Circle Bible Study 1-3 Prayer Group 6:30</p>	<p>9 Playology 6:30am-7:30am/ 3-6pm</p>	<p>10 Community Yard Sale 7:00-3:00pm</p>
<p>11 9:00am Contemporary Worship 10:30am Traditional worship 9:00am Adult Sunday School BASH 12:30-2pm Staff Meeting –Noon Ad Board Meeting– 1pm</p>	<p>12 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Book Club 6:30 Boy Scouts 7-9pm</p>	<p>13 Rev. Yo Han Sabbath Playology 6:30am-7:30am/3-6pm Choir Practice 7:00pm</p>	<p>14 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-7:30am/2pm-6pm</p>	<p>15 Rev. Yo Han Office Hours 8:30am-12 Ruth Circle Bible Study1-3pm Bell choir practice 5-8pm Playology 6:30am-7:30am/ 3pm-6pm</p>	<p>16 Playology 6:30am-7:30am/ 3-6pm</p>	<p>17 UMM 8am United Women of Faith District Meeting 9:00-1:00 St Andrew UMC in Highlands Ranch</p>
<p>18 9:00am Contemporary Worship 10:30am Traditional worship Troop 66802 2:00-3:30 Troop 62816 3:30-5:00</p>	<p>19 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Boy Scouts 7-9pm</p>	<p>20 Rev. Yo Han Sabbath Playology 6:30am-7:30am/3-6pm Choir Practice 7:00pm Conference Bible Study 5:00 @ Smoky Hill UMC</p>	<p>21 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-7:30am/2pm-6pm</p>	<p>22 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-7:30am/ 3pm-6pm Bell choir practice 5-8pm Ruth Circle Bible Study 1-3pm Prayer Group 6:30</p>	<p>23 Playology 6:30am-7:30am/3-6pm</p>	<p>24 Denver American Indian Festival 10:00-5:00</p>
<p>25 9:00am Contemporary Worship 10:30am Traditional worship 9:00am Adult Sunday School 10:30 Children/Bash Youth Denver American Indian Festival 10:00-5:00</p>	<p>26 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-6:00pm Boy Scouts 7-9pm</p>	<p>27 Rev. Yo Han Sabbath Playology 6:30am-7:30am/3-6pm Choir Practice 7:00pm Conference Bible Study 5:00 @ Smoky Hill UMC</p>	<p>28 Rev. Yo Han Office Hours 8:30am-12 Playology 6:30am-7:30am /2pm-6pm</p>	<p>29 Rev Yo Han Out of Office for Clergy Orders Playology 6:30am-7:30am/ 3pm-6pm Bell choir practice 5-8pm Prayer Group 6:30</p>	<p>30 Rev Yo Han out for Clergy Orders Playology 6:30am-7:30am/ 3pm-6pm</p>	

Good Shepherd UMC's Diversity Team

The Diversity has been meeting twice a month since its inception several years ago. There was a recent change in leadership, going from Jean Trombley to Debbie Anaya-Pacetti. The group is currently reading the book The Beautiful Community: Unity, Diversity, and the Church, authored by Irwin L. Ince Jr. The book is broken up into 2 parts: Part 1: Seeing and Knowing Our Beautiful Creator and Part 2: Restoring and Cultivating Our Beautiful Community. Part 1 helped the team to identify their personal relationships with Jesus, while Part 2 poses real life situations related to racism, self-identity, culture and community; and then compares these factors with scripture. This book poses some difficult situations where they look at those who are marginalized in our communities and calls the team to action. Additionally, the group has been brainstorming possible activities to help facilitate diversity within our congregation. The Diversity Team's next meeting will be held via Zoom on August 31, 2022 at 7:00 PM. If you are interested in joining the team, please reach out to Debbie Anaya-Pacetti at (720) 413-5975. We would love to have more participants who are willing to help grow the church in all areas of diversity.





Food for Hope™

RAISING CHILDREN FROM HUNGER IN ADAMS COUNTY

SEPTEMBER FOOD DONATION ITEM IS GRANOLA BARS

Hello, this month I'll be collecting granola bars, energy bars, and protein bars. Food for Hope places these in the school pantries to be distributed to the kids as "School Fuel." Thornton High School goes through many thousands of these bars during the school year.

Your donations are greatly appreciated!

Luke 3:11 He answered them, "Whoever has two shirts should share with the person who doesn't have any. Whoever has food should share it too."



The CROP Walk is a **community-wide event**, organized by DCIC since 1975, to raise funds to end hunger at home and around the world.

Crop Walk 2022

During the month of September we will be kicking off the 2022 Crop walk campaign. Good Shepherd Methodist Church will be joining 5 other churches in western Adams County on a Crop Walk on October 8th. I will be in the church narthex between services hoping to find walkers or donors hoping to help

Church World Services stop hunger on a worldwide scale.

Paul Seyforth

Community Garden

So far this season, we have had 695 pounds of veggies donated to the food bank.
Gardener's we need more veggies!



Sept. 3	Krista Medina
Sept. 6	Marissa Luark
Sept. 7	Don Clark
Sept. 9	Mary Clark
Sept. 9	Kathy Bollfrass
Sept. 9	Joy Lousberg
Sept. 9	Fred H. Smith
Sept. 10	Ed Simmons
Sept. 11	Maria Monroe
Sept. 13	Diana Lentz
Sept. 16	Michael Higgins
Sept. 17	Debbie Deem
Sept. 20	Randy Pacetti
Sept. 21	Don Rynearson
Sept. 22	Pamela Boaz
Sept. 22	Timothy Lynch
Sept. 23	Deborah Delue
Sept. 24	Marge Cederlund
Sept. 27	Allen Simmons
Sept. 30	Beth Wilson

Paint A Thon 2022



Thank you volunteers!

Front Row: Rev Yo Han, Annetta Gallegos, Tim Collier, Pat Saunders, Pat Soderberg, Colleen Campbell, Natalie Higgins, Vicky Goben, Samantha Hill, Shannon Montgomery, Evelyn Aldis.

Back Row: Hervey Smith, Michael Jarvis, Don Robinson, Jerry Saunders, Aimee Horst, Jim Irwin, Al Campbell, Mike Goben, Amy Hill, Nathan Montgomery.

Not Pictured: Karen Zulauf, Scott Montgomery



Bible Study

CREATION: ALL THAT IS

Conference Bible Study– All are invited to attend in person or via Zoom

See what each other has to say. Share our likenesses. Build relationships. Let us be the body of Christ – together.

Led by Rev. Natalie Marionneaux, Executive Assistant to the Bishop, Mountain Sky Episcopal Area

6 weeks – in-person & via zoom Tuesdays
September 20 – October 25
5pm Mountain Time

Smoky Hill United Methodist Church, Centennial, CO

To register, please click the link below. Information can be found on the Good Shepherd website at www.shepherdchurch.org

<https://us02web.zoom.us/meeting/register/tZlkcu6grz0iH9GFN9VzSpesneq-zwrX2ovD>