“Darkness cannot drive our darkness; only light can do that.

Hate cannot drive our hate; only love can do that.” – Martin Luther King Jr.

In the face of inequality and discrimination, we can rise above the pain

by loving and respecting one another.

No matter how much destruction is wrought by the forces of fear and hatred,

they will inevitably crumb when love breaks through.

So be strong and remember that love always conquers hate.

Affirmation: Today I am choosing love over fear.  Today I am choosing love over hate.

From: Pride Coloring Book: Inspiring Designs with Affirming Messages of Love and Acceptance,

 by Ronald Holt and William Huggett, 2017